

The Work of Byron Katie

"Finding Freedom in Relationships"

Facilitated by Rosie Stave

*"We deserve to be totally free. There is nothing stopping us except that we are not honouring the truth that comes in. We are arguing with it."
Byron Katie*

Saturday 4th & Sunday 5th March 2017

Question your thinking and change your life. "I need more money; I'm too fat; he/she doesn't appreciate me; I need her/him to love me." Thoughts like these may constantly run through our minds, fostering fear, anger, struggle, stress, and depression. How different would your life be if these thoughts never bothered you again? No longer do we need to argue with life or ourselves... we can experience 'freedom' in all relationships be it with money, partners, friends, family, or ourselves. This is an opportunity to immerse yourself in the inquiry of Byron Katie.

- ♥ **Inquire** into issues on health, relationships, work, family, finances and the world etc.
- ♥ **Experience** practical exercises that challenge habitual & destructive thought patterns to find freedom and peace.
- ♥ **Discover & transform** unhelpful beliefs with 'The Work' a simple yet profound method of finding happiness
- ♥ **Discover** the simplicity of dissolving your struggle.
- ♥ **Experience** the **freedom** of you without your story.

Where:

557 Mt Cotton
Rd, Sheldon
Brisbane

9:30am – 5.00pm
BYO Lunch

Cost: \$285

Places Limited
Booking Essential

"The worst thing that has ever happened is an uninvestigated thought." Byron Katie

About Rosie

Rosie Stave is a Certified Facilitator of The Work of Byron Katie. She has facilitated individuals and groups in The Work since 1996. The freedom this inquiry has created in Rosie's life and the lives of others fuels her continued passion for this gift and her sharing of it. Come join her in discovering your own wisdom and truth. Come share in the experience of learning to find 'true freedom'.



*"Byron Katie's Work is a great blessing for our planet."
Eckhart Tolle, author of 'A New Earth'*

For bookings / info contact **Georgia Phillips, 043 347 1681,**
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For more information about The Work: www.thework.com or www.theworkwithrosie.com
In preparation read 'Loving What Is' by Byron Katie. Repeat participants price: \$220