

The Work of Byron Katie "Opening to True Freedom"

Facilitated by Rosie Stave



Saturday 30th June & Sunday 1st July 2018

Question your thinking and change your life.

"I need more money; I'm too fat; he/she doesn't appreciate me; the world's not safe." Thoughts like these may constantly run through our minds, fostering fear, anger, struggle, stress, loneliness and depression. How different would your life be if these thoughts never bothered you again? No longer do we need to argue with life or ourselves... we can experience 'true freedom' instead.

**Byron Bay
Temple Byron
46 Melaleuca Dr**

**9.30am – 5.00pm
BYO Lunch
Teas and snacks provided**

**Cost: \$285 or
\$255 - Early Bird
Pay by 15th June**

Booking Essential

- ♥ **Inquire** into issues on health, relationships, work, family, finances and the world etc.
- ♥ **Experience** practical exercises that challenge habitual & destructive thought patterns to find freedom and peace.
- ♥ **Discover & transform** unhelpful beliefs with 'The Work' a simple yet profound method of finding happiness
- ♥ **Discover** the simplicity of dissolving your struggle.
- ♥ **Experience** the **freedom** of you without your story.

"The worst thing that has ever happened is an uninvestigated thought." Byron Katie

**"Byron Katie's Work
is a great blessing
for our planet."
Eckhart Tolle, author
of 'A New Earth'**

About Rosie

Rosie Stave is a Certified Facilitator of The Work of Byron Katie. She has facilitated individuals and groups in The Work since 1996. The freedom this inquiry has created in Rosie's life and the lives of others fuels her continued passion for this gift and her sharing of it. Come join her in discovering your own wisdom and truth. Come share in the experience of discovering 'true freedom'.



For bookings / info contact Kevala **0431 632 451** hartkevala@gmail.com

For more information about The Work: www.thework.com or www.theworkwithrosie.com

In preparation read 'Loving What Is' by Byron Katie. Repeat participants price: \$220

**Early Bird
* \$255**