

🌀 General Information

This four-day residential conference is a gathering open to people new and experienced in *The Work* with a range of offerings to suit all levels of experience.

We will come together as a community to do *The Work*. This is a unique opportunity to immerse yourself in *The Work of Byron Katie*, to meet and network with like-minded friends and discover what others are doing to move and share *The Work*.

Our program will include morning walks, yoga, meditation, large and small group interaction and sharing, formal presentations, topic-based workshops, inquiry circle and 1-to-1 inquiry with specific topic focus and more.



'Celebrate your standing as a self-sustained global community'

Byron Katie

🌀 Venue

The Govinda Valley Retreat Centre is set in 30 acres of beautiful forest woodland. Govinda Valley is located within walking distance of the Royal National Park, beaches and cliffs and the Otford train station.

See <http://www.govindavalley.com.au>

🌀 Meals

Delicious, wholesome vegetarian meals are provided. If you have any special dietary requirements please let us know in advance so we can plan for your needs.

🌀 Cost

The cost of the conference depends upon the accommodation you choose. An Earlybird discount applies to full payments made by **5th October, 2019**.

Twin Share w/ensuite (limited availability):
\$1195 or \$1045 (Earlybird)

4 Person Share: \$945 or \$795 (Earlybird.)

Camping: \$765 or \$665 (Earlybird)

🌀 Arrival and Departure Times

Registration is from 3.00pm Wednesday, 27th November. Please arrive no later than 6.00pm. Departure will be at the conclusion of Sunday afternoon's session at 1.00pm, 1st December. A farewell lunch will follow.

🌀 How to Get There

Specific directions will be sent on receipt of your deposit. Travel from Sydney's Central Station by train is an easy hour's ride.

🌀 Presentations

On how people are moving *The Work* in their field of interest will include:

- Mental Resilience Program for Primary Schools
- *The Work* at Work
- Using Self Inquiry in a Naturopathic Women's Clinic
- *The Work*, Yoga, Religion and God
- Therapeutic Art, *The Work* and The Emotional Resolve Technique

🌀 Workshops

- The Work for Beginners
- The Work and the Play of Life
- Ending the War with your Body
- Inquiry into Worksheets
- No New Stressful Thoughts
- Using Relationship for Self-Realisation
- Living the Turnarounds
- Working on Self Judgements and Strong Emotions
- Intimacy & Sex
- Undoing Guilt & Shame
- Therapeutic Art, *The Work* and The Emotional Resolve Technique
- When the Body says No
- Making Friends with your Shadow

🌀 Presenters & Workshop Leaders

*include the following people who love and share *The Work* and are generously donating their time for us all to benefit:* Elizabeth Brandt, Lindsay Christian*,

Malcolm Munro*, Mark Cave*, Marilyn Pelman*, Marnie Healey*, Nathan Healey, Rosie Stave*, Sally Pamberger*, Sally May-Jeffrey, Tammy Reid, and Tanya Murphy*

* Certified Facilitators – see www.thework.com

'The Work is merely four questions; it's not even a thing. It has no motive, no strings. It's nothing without your answers. These four questions will join any program you've got and enhance it. If you have no religion, they will bring you joy. And they'll burn up anything that isn't true for you. They'll burn through to the reality that has always been waiting.'

Byron Katie



Enrolment

Registration: Please send registration form to theheartofthework@gmail.com and pay deposit or payment via direct deposit into: The Heart of The Work BSB: 087 007 Account: 8814 75267. To pay by credit card email theheartofthework@gmail.com for further details.

Registration Form

Name: _____

Address: _____

Postcode: _____

Phone:(H) _____ (W) _____

(Mobile): _____

Email: _____

I would like to pay in full now for:

- Earlybird -- 2 share w/Ensuite = \$1045 (limited availability)
- Earlybird -- 4/room share = \$795
- Earlybird -- Camping = \$ 665

I would like to pay my deposit of \$300 now. I acknowledge that in order to receive the Earlybird discount I must pay the full balance by 5th October 2018.

For:

- Ensuite twin share
- 4/room share
- Camping

I would like to pay the full price for:

- 4/room share \$945
- Camping \$765

Note: all prices are in \$AUD

Amount enclosed/attached/or attach evidence of payment made: _____

Amount Due: _____

About Me:

- I have _____ experience in TW
- I am new to The Work

How I found out about this Conference

- Friend ·Website ·Email ·Other



For further information about this Conference

☎Phone Tanya 61 (0)438 206 005
theheartofthework@gmail.com
www.theheartoftheworkofbyronkatie.com.au
www.thework.com



Coming Together for The Love of The Work

Four-Day Residential Conference

27 November - 1 December
2019

*To share, learn, support and build
a community of people in The Work*

Govinda Valley
Retreat Centre
Oxford,
NSW 2508 Australia