

# Loving What Is

## The Work of Byron Katie

Saturday 4<sup>th</sup> & Sunday 5<sup>th</sup> May 2019

9.30am – 5.00 pm    Oak Beach Dreaming  
Oak Beach, Port Douglas



with  
Rosie Stave

### Question your thinking and change your life

“I need more money; I'm too fat; I have to get it right; I don't know what to do; I need her/him to love me; there's something wrong with me.” **Thoughts like these may run through our minds, fostering fear, anger, and struggle. How different would your life be if these thoughts never bothered you again?**

**The Work** is a way to bring us to clarity, freedom and ease in all our relationships, with life and with ourselves. It is a process that clears the mind. It is a way to identify and question the thoughts that cause all the suffering and violence in the world. The Work is simply four questions and a turnaround, which is a way of experiencing the opposite of what you thought you believed.

It is so simple that anyone with an open mind can do it. This process works and it is radical and life-changing.

**Come experience the power of The Work as you begin to end the war with yourself and those around you.**

May 4<sup>th</sup> & 5<sup>th</sup>                      9.30 am – 5.00 pm each day

Oak Beach Dreaming, Oak Beach, Port Douglas

Cost: \$285    Early Bird \$250 (pay in full by 4<sup>th</sup> April)  
Booking Essential                      Bring Lunch to Share

**To Enrol and for information: Barbara 0408 453 989,  
bmalarski@aapt.net.au**

Rosie is a mother, grandmother, ex teacher and Certified Facilitator of The Work of Byron Katie. She has facilitated individuals and groups in **The Work of Byron Katie** since 1996 when she helped set up The Center for The Work in Barstow, California. The freedom this inquiry has created in Rosie's life and the lives of others fuels her continued passion for this gift and her sharing of it. Come join her in discovering your own wisdom and truth. Come share in the experience of learning to **'Love What Is'**.

“Rosie facilitates The Work with such tenderness, compassion, insightfulness, humour and humility – she is magnanimous, tireless and abundantly patient. She is a rare and exceptionally loving human being!”  
Amanda

“It was amazing to be led by such an open and 'real' human. An open and supportive space was created by Rosie.” Participant, 2 day workshop.

For more information about The Work go to [www.thework.com](http://www.thework.com) or [www.theworkwithrosie.com](http://www.theworkwithrosie.com)

Byron Katie's Work is a great blessing for our planet.” Eckhart Tolle, author of 'A New Earth'