

Opening to True Freedom

utilizing

The Work of Byron Katie

Saturday 7th & Sunday 8th September 2019

9.30am – 5.00 pm

Oxford Falls Peace Park, Oxford Falls



with

Rosie Stave

Question your thinking and change your life

The Work is a way to bring us to clarity, freedom and ease in all our relationships, with life and with ourselves. It is a process that clears the mind. It is a way to identify and question the thoughts that cause all the suffering and violence in the world. The Work is simply four questions and a turnaround, which is a way of experiencing the opposite of what you thought you believed.

It is so simple that anyone with an open mind can do it. This process works and it is radical and life-changing.

By questioning our thoughts about ourselves and others with a willingness to experience their effects we can open to new ways of being; not only with ourselves but with the whole world. We discover 'true freedom' and it lies within.

September 7th & 8th 9.30 am – 5.00 pm each day

Cnr. Wakehurst Parkway & Dreadnought Rd.

Cost: \$295 Early Bird \$260 (pay in full by 23rd August)

Booking Essential BYO Lunch

The cost includes materials and morning and afternoon teas. Bring your own lunch. Repeat participants \$210

To Enroll and for information: Elizabeth 0425 329 785, elizbrandt@gmail.com

Rosie has facilitated individuals and groups in **The Work of Byron Katie** since 1996 when she helped set up The Center for The Work in Barstow, California. Over the years Rosie's practice of The Work has given her a deeper understanding of the relationship of mind, body and the complexities that keep us identified. Through her sharing of this understanding and a gentle invitation to experience directly you can open yourself to a deepening in The Work as it is embodied. The invitation is to come share in this experience and opening to your own wisdom.

"Rosie facilitates The Work with such tenderness, compassion, insightfulness, humour and humility – she is magnanimous, tireless and abundantly patient. She is a rare and exceptionally loving human being!"
Amanda

For more information about The Work go to www.thework.com or www.theworkwithrosie.com
In preparation for this immersion read 'Loving What is' by Byron Katie

Byron Katie's Work is a great blessing for our planet." Eckhart Tolle, author of 'A New Earth'