

The Work of Byron Katie

"Ending The War with Yourself"

Facilitated by Rosie Stave

Where:

Oxford Falls
Peace Park,
Oxford Falls

Cnr. Wakehurst
Parkway &
Dreadnought
Rd.

9.30 – 5.00

BYO Lunch

**Cost: \$295 or
\$260 - Early Bird**
(Pay by 1st June)

Saturday 16th & Sunday 17th June 2018

Question your thinking and change your life.

"I need more money; I'm too fat; there's something wrong with me; I'll never get it right." Thoughts like these may constantly run through our minds, fostering fear, anger, struggle, stress, loneliness and depression. How different would your life be if these thoughts never bothered you again? No longer do we need to argue with life or ourselves... we can "love what is" instead and open to ending the war with ourselves and the thoughts and feelings that we experience.

- ♥ **Inquire** into issues on health, relationships, work, family, finances and the world etc.
- ♥ **Experience** practical exercises that challenge habitual & destructive thought patterns to find freedom and peace.
- ♥ **Discover & transform** unhelpful beliefs with 'The Work' a simple yet profound method of finding happiness
- ♥ **Discover** the simplicity of dissolving your struggle.
- ♥ **Experience** the **freedom** of you without your story.

"The worst thing that has ever happened is an uninvestigated thought." Byron Katie

About Rosie

Rosie Stave is a Certified Facilitator of The Work of Byron Katie. She has facilitated individuals and groups in The Work since 1996. The freedom this inquiry has created in Rosie's life and the lives of others fuels her continued passion for this gift and her sharing of it. Come join her in discovering your own wisdom and truth. Come share in the experience of learning to 'Open to True Freedom'.



"Byron Katie's Work is a great blessing for our planet."
Eckhart Tolle, author of 'A New Earth'

For bookings / info contact **Elizabeth 0425 329 785,**
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For more information about The Work: www.thework.com or www.theworkwithrosie.com
In preparation read 'Loving What Is' by Byron Katie. Repeat participants price: \$220

Early Bird
* \$260